

March MEDICARE SUPPLEMENT RATE CHANGE REPORT



COMPANY	EFFECTIVE DATE	AVG. INCREASE	COMMENTS
AARP - UnitedHealthcare Insurance Company	3/1/2022	-22.70%	Idaho
Accendo Insurance Company	3/1/2022 - 5/1/2022	4.70%	California & Illinois
Aetna Health Insurance Company	3/1/2022	5.60%	Maryland & Pennsylvania
American Continental Insurance Company (Aetna)	3/1/2022	-2%	Wyoming
American Retirement Life Insurance Company (CIGNA)	4/1/2022	9.10%	Arkansas & Delaware
Assured Life Association	3/1/2022	9.10%	Varies by state & plan
Asuris Northwest Health	4/1/2022	6.80%	Washington
Atlantic Coast Life Insurance Company	3/1/2022	8.30%	Varies by state & plan
Avera Health Plans, Inc.	1/1/2022	0.00%	Iowa & South Dakota
Bankers Fidelity Assurance Company	3/1/2022	4.60%	Varies by state & plan
Bankers Fidelity Life Insurance Company	3/1/2022	5.40%	Delaware & Virginia
Blue Cross and Blue Shield of New Mexico	4/1/2022	9.50%	New Mexico
Blue Cross Blue Shield of Michigan	4/1/2022	6%	Michigan
BlueCross BlueShield of Illinois	4/1/2022	4.70%	Illinois
BlueCross BlueShield of Nebraska	4/1/2022	5.00%	Nebraska
BlueCross BlueShield of North Dakota	1/1/2022	4.50%	North Dakota
BlueCross BlueShield of Oklahoma	1/1/2022	0.00%	Oklahoma
BlueCross BlueShield of Wyoming	1/1/2022	3.20%	Wyoming
Capital BlueCross	1/1/2022	0.00%	Pennsylvania
CareFirst BlueCross BlueShield	1/1/2022	8.50%	Maryland
CareFirst of Maryland, Inc	1/1/2022	8.90%	Maryland
Cigna Health & Life Insurance Company	4/1/2022	15.00%	Arizona
Colonial Penn Life Insurance Company	1/1/2022	3.70%	Florida
Everence Association Inc.	4/1/2022	3.50%	Varies by state & plan
Federal Life Insurance Company	3/1/2022	-4.00%	Idaho
Florida Blue	1/1/2022	-1.00%	Florida
Globe Life and Accident Insurance Company (Direct to Consumer)	2/1/2022 - 8/1/2022	5.80%	Varies by state & plan

March MEDICARE SUPPLEMENT RATE CHANGE REPORT



COMPANY	EFFECTIVE DATE	AVG. INCREASE	COMMENTS
GPM Health and Life Insurance Company	3/1/2022	-22.00%	Idaho
Great Southern Life Insurance Company	1/1/2022 - 2/1/2022	4.50%	Varies by state & plan
Horizon Blue Cross Blue Shield of New Jersey	1/1/2022	0.00%	New Jersey
Humana Insurance Company	4/1/2022 - 5/1/2022	5.10%	Varies by state & plan
Humana Insurance Company (Achieve)	4/1/2022 - 7/1/2022	5.00%	Varies by state & plan
Humana Insurance Company (Healthy Living)	4/1/2022	4.90%	West Virginia
Humana Insurance Company (Value)	3/1/2022 - 4/1/2022	-4.50%	Varies by state & plan
Loyal American Life Insurance Company (CIGNA)	3/1/2022	11.50%	Hawaii
Lumico Life Insurance Company	3/1/2022	5.20%	Varies by state & plan
Manhattan Life Assurance Company	3/1/2022	18.10%	Idaho
Mutual of Omaha Insurance Company	3/1/2022	1.20%	Arizona
Nassau Life Insurance Company	3/1/2022 - 4/1/2022	-1.50%	Varies by state & plan
New Era Life Insurance Company of the Midwest	2/1/2022	0.00%	Pennsylvania
Omaha Insurance Company	3/1/2022	-1.30%	Idaho & South Dakota
Pekin Life Insurance Company	4/1/2022 - 5/1/2022	1.60%	Varies by state & plan
Puritan Life Insurance Company of America	4/1/2022	8.50%	Kansas & Missouri
Regence BlueCross BlueShield of Idaho	3/1/2022	-10.80%	Idaho
Regence BlueShield	4/1/2022	1.50%	Washington
Sanford Health Plan	4/1/2022	10.00%	Iowa
State Farm Mutual Automobile Insurance Company	3/1/2022	-18.80%	Idaho
Transamerica Life Insurance Company (Direct)	3/1/2022	-11.70%	Idaho
United American Insurance Company	3/15/2022	3.30%	Florida
United Commercial Travelers of America	1/1/2022 - 4/1/2022	4.10%	Varies by state & plan
United Insurance Company of America	3/1/2022	9.50%	Idaho
United World Life Insurance Company	3/1/2022	6.00%	Iowa & West Virginia
USAA Life Insurance Company	2/1/2022 - 3/1/2022	-3.80%	Idaho & North Carolina